

Trail signs

Info board

One at each point where the trails pass through, containing information about the protected natural spaces: 5 in total (Avinyó Nou, Les Gunyoles, L'Arboçar, Sant Sebastià dels Gorgs and Cantallops).



Signpost (start of route)

At the start of each trail, indicates the direction and connection with the other trails in the municipality to the destination point.



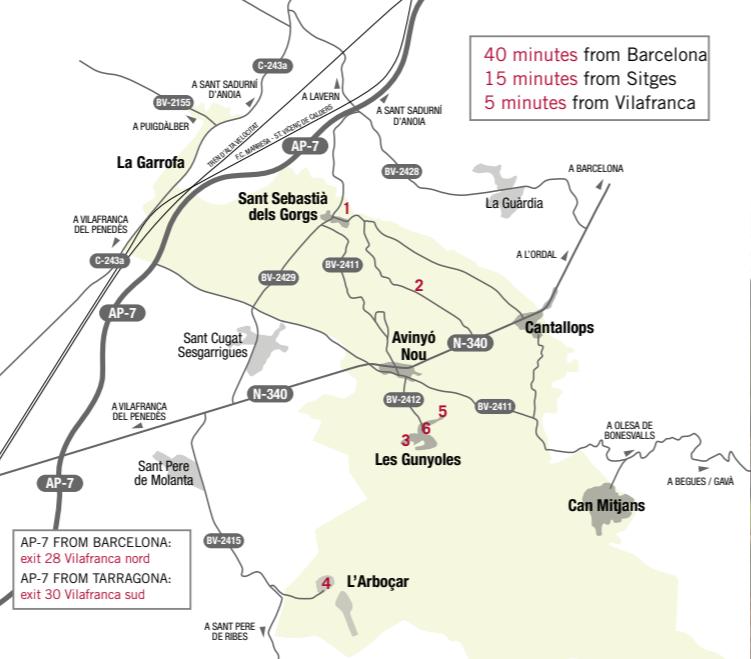
Signpost (direction)

Indicates the right trail direction at easily confused junctions.



Wayfinding post

Indicates the way so as not to leave your chosen trail.



AREAS OF INTEREST FOR TOURISTS

1. Romanesque monastery of Sant Sebastià dels Gorgs
2. Iberian archaeological site of "Turó de la Font de la Canya"
3. Roman tower and old quarter of Les Gunyoles
4. Medieval dovecote and tower of L'Arboçar
5. Panoramic views of the vineyards of "El Cincell"
6. Nativity Scene performed by local residents of Les Gunyoles

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MTB AND HIKING TRAILS



Enjoy sports in
natural surroundings



Trails amongst the vineyards

Avinyonet del Penedès is uniquely located, near Barcelona and Tarragona. Lovers of MTB and hiking have **six routes with different levels of difficulty** at their disposal that pass through the different villages and towns of the municipality, **through forest trails and footpaths**. All of them give you the opportunity to enjoy sport in close contact with nature and, at the same time, **discover some of the most interesting and beautiful spots** of this municipality and of the Alt Penedès.

The municipality can be described in physical terms as being divided into two halves: a relatively flat area, dominated by vineyards, and another more mountainous one, with abundant woodland to offer a **landscape with many colours and contrasts**.

Les Serres Trail

Length: 17km
Difficulty: very difficult
Altitude Difference:
365m



Recommendations: Long route with a marked difference in altitude. Recommended for fit users who have the necessary equipment.

Places/Landscapes worth seeing: The vineyards, the Mediterranean forest, Serra de la Llampa, Serra de Les Gunyoles, hermitage of Santa Magdalena, church of Sant Salvador de Les Gunyoles and Miravinya "El Cincell" (viewpoint).

La Serra de la Llampa Trail

Length: 12.5km
Difficulty: difficult
Altitude Difference:
235m



Recommendations: Trail of medium length but with a marked height difference. Recommended for fit users who have the necessary equipment.

Places/Landscapes worth seeing: The vineyards, the Mediterranean forest, Serra de la Llampa, Serra de Les Gunyoles, hermitage of Santa Magdalena, church of Sant Salvador de Les Gunyoles and Miravinya "El Cincell" (viewpoint).

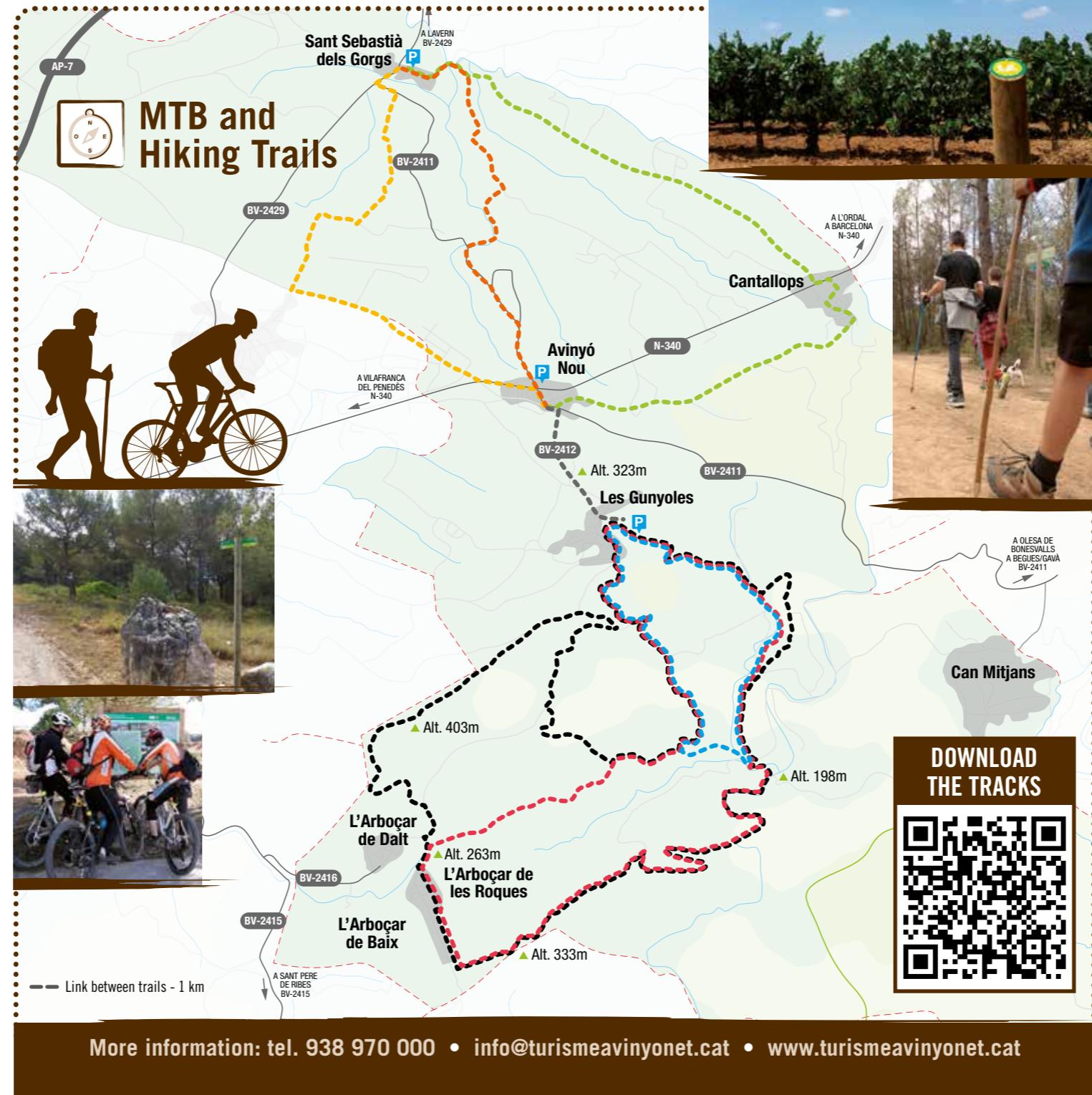
Santa Magdalena Trail

Length: 6km
Difficulty: easy
Altitude Difference:
125m



Recommendations: A trail with a slight slope, recommendable for doing on foot or by bike with the family.

Places/Landscapes worth seeing: The vineyards, the coastal Mediterranean forest, hermitage of Santa Magdalena, church of Sant Salvador de Les Gunyoles and Miravinya "El Cincell" (viewpoint).



Les Vinyes Trail

Length: 4.1km
Difficulty: easy
Altitude Difference:
102m



Recommendations: An almost flat trail, highly recommended for cyclists and family groups.

Places/Landscapes worth seeing: View of the vineyards, monastery of Sant Sebastià dels Gorgs, the church of the Immaculat Cor de Maria d'Avinyó Nou and Mas Comtal.

L'Origen de la Vinya Trail

Length: 3.2km
Difficulty: easy
Altitude Difference:
134m



Recommendations: An almost flat trail, recommendable for doing on foot or by bike with the family.

Places/Landscapes worth seeing: View of the vineyards, Font de la Canya and Iberian settlement of Font de la Canya and monastery of Sant Sebastià dels Gorgs.

Els Xops Trail

Length: 5.8km
Difficulty: easy
Altitude Difference:
153m



Recommendations: An almost flat trail, recommendable for doing on foot or by bike with the family.

Places/Landscapes worth seeing: View of the vineyards, church of Santa Margarida de Cantallops and the church of the Immaculat Cor de Maria d'Avinyó Nou.